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9 UNITED STATES DISTRICT COURT  
10 EASTERN DISTRICT OF WASHINGTON  
AT RICHLAND

11 STATE OF WASHINGTON, et al.,  
12 Plaintiffs,  
13 v.  
14 UNITED STATES DEPARTMENT  
OF HOMELAND SECURITY, a  
15 federal agency, et al.  
16 Defendants.

NO. 4:19-cv-05210-RMP

DECLARATION OF SARAH POLK  
IN SUPPORT OF PLAINTIFF  
STATES' MOTION FOR § 705  
STAY PENDING JUDICIAL  
REVIEW OR FOR PRELIMINARY  
INJUNCTION

NOTED FOR: October 3, 2019  
With Oral Argument at 10:00 a.m.

17 I, Sarah Polk, M.D., Sc.M., declare as follows:

18 1. I am over the age of 18, competent to testify as to the matters herein  
19 and make this declaration based on my personal knowledge.

20 2. I submit this Declaration in support of the State of Maryland's  
21 litigation against the United States Department of Homeland Security regarding  
22

1 the recently issued rule entitled Inadmissibility on Public Charge Grounds (Final  
2 Rule). The information in the statements set forth below is based on my personal  
3 knowledge.

4 3. I am a primary care pediatrician and Medical Director of the  
5 Children's Medical Practice at the Johns Hopkins Bayview Medical Center  
6 (JHBMC).<sup>1</sup> I am an Assistant Professor of Pediatrics at the Johns Hopkins' School  
7 of Medicine. I received my undergraduate degree at Amherst College, my medical  
8 degree at Johns Hopkins and training in Epidemiology and Clinical Investigations  
9 at the Johns Hopkins Bloomberg School of Public Health.

10 4. I co-founded and co-direct the Center for Salud/Health and  
11 Opportunity for Latinos (Centro SOL). The mission of Centro SOL is to promote  
12 equity in health and opportunity for Latinos by advancing clinical care, research,  
13 education, and advocacy at Johns Hopkins and beyond in active partnership with  
14 our Latino neighbors.

15 5. The Children's Medical Practice (CMP) and Centro SOL provide  
16 complementary services; services designed in consultation with community  
17 members. The CMP is a primary care pediatric practice while Centro SOL offers  
18 community programming that promotes the health and wellbeing of the Latino  
19 community beyond the healthcare setting. Centro SOL's activities also include  
20 efforts to improve healthcare delivery for limited English proficient Latino patients

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21 <sup>1</sup> The opinions expressed herein are my own and do not necessarily reflect  
22 the views of The Johns Hopkins University.

1 and to increase the diversity of the healthcare workforce through educational  
2 outreach.

3 6. The CMP is an urban, academic general pediatric practice. The  
4 majority clinic population is Latino children in immigrant families. In 2015, the  
5 CMP served 11,979 Latino children, a 10% increase over 2014. Most Latino  
6 parents have limited English proficiency. The clinic has prioritized availability of  
7 language concordant services and has Spanish-speaking staff and clinicians, many  
8 of whom are also bicultural. Baltimore is a new-destination Latino immigrant city.  
9 The city's Latino population has nearly tripled since 2000. While Latinos comprise  
10 4.4% of the total city population, the Latino population is concentrated around  
11 JHBMC; surrounding census tracts are 20-40% Latino.

12 7. I understand that the U.S. Department of Homeland Security (DHS)  
13 has issued a new regulation on the public charge ground of inadmissibility under  
14 the Immigration and Nationality Act, which I have reviewed. As I understand it,  
15 the Public Charge Rule would allow the federal government to expand its  
16 consideration of a person's past use of public benefits and future need for public  
17 assistance in determining whether someone should be eligible for lawful permanent  
18 residency, a new visa, or for an extension of stay or change of stay from an existing  
19 visa. I understand that DHS would consider use of one of several specific benefits  
20 for a duration of 12 months within a 36 month period to be a heavily weighted  
21 negative factor in a public charge determination.

1           8.     As a result of that change, I believe the Final Rule will reduce the use  
2 of Medicaid, nutritional assistance, and other critical services among the families  
3 that our clinic serves, including among groups of immigrants that are not actually  
4 covered by the Final Rule.

5     **Description of Centro SOL**

6           9.     The mission of Centro SOL is to promote equity in health and  
7 opportunity for Latinos by advancing clinical care, research, education and  
8 advocacy at Johns Hopkins and beyond in active partnership with our Latino  
9 neighbors. Under the umbrella of Centro SOL, faculty, students, trainees and staff  
10 work in five core areas, Community Engagement, Research, Clinical Care,  
11 Pipeline Development and Equity.

12          10.    The Centro SOL program serves all clients without respect to  
13 immigration status. Our vision is that all Latinos receive culturally competent  
14 healthcare that acknowledges the diversity of the community and respects the  
15 dignity of each individual.

16          11.    Centro SOL receives grant support. The Children's Medical  
17 Practice, in which Centro SOL quality improvement efforts are embedded,  
18 receives reimbursement from public and private insurers for clinical care.  
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1     **Harms to Centro SOL and the Baltimore Community**

2           12.   The Children’s Medical Practice provides essential pediatric care for  
3 thousands of children in Baltimore. This care allows children to develop  
4 normally, succeed in school, and become productive adults.

5           13.   The public charge rule fundamentally threatens the quality of care  
6 we provide and the community’s access to services.

7           14.   The rule seriously undermines access to care for our patients. If  
8 patients do not sign up for Medicaid services, we have far fewer options for  
9 referral and care, and some forms of treatment may be inaccessible to them. We  
10 expect that more families will forgo preventive care, leading to a greater risk of  
11 preventable outbreaks, asthma, and other ailments.

12           15.   Under the Final Rule, The Department is proposing to expand the  
13 use of medical exams in the immigration process. I understand that DHS officials  
14 will search medical evaluations for evidence of conditions that “will require  
15 extensive medical treatment or institutionalization after arrival” or will “interfere  
16 with the ability to care for him or herself to attend school or to work.” Such  
17 evidence can be used to support a determination that a person will become a  
18 “public charge,” even if the conditions “are treatable and the person may in the  
19 future be able to work or attend school.”

20           16.   The definition of medical ailment adopted by the Department is so  
21 broad as to lack real meaning. What illness does not “interfere with the ability to  
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1 attend school or to work”? Even the common cold interferes. A patch of eczema  
2 can interfere. The result is that virtually anything I or another physician might  
3 write in an exam could be used to affect an immigration determination. Indeed, a  
4 finding of any such condition, combined with a lack of health insurance, would  
5 constitute a “heavily weighted factor” under the rule. While DHS may be focused  
6 on more debilitating conditions than the common cold or eczema, the lack of  
7 boundaries provokes great unease. Clinicians will care for patients under the  
8 threat that their documentation of the care they provide may be used to harm the  
9 same patients they are trying to heal.

10 17. In the case of pediatric patients with serious medical conditions,  
11 clinicians will find it difficult to fulfill their professional obligation to “first do  
12 no harm,” as stated in the Hippocratic Oath. For example, for an immigrant child  
13 with chronic health conditions resulting from a brain tumor, does deportation or  
14 lack of treatment for their health condition pose a greater threat to their health  
15 and wellbeing? The clinician caring for this child faces bad choices. The clinician  
16 could continue their care, but not document that care. This choice would increase  
17 the risk of medical errors and undermine the coordination of care. The clinician  
18 could continue care as usual and hope the record is never reviewed. This choice  
19 passes the risk to the family.

20 18. This rule therefore creates a fundamental conflict with the primary  
21 obligation of physicians to their patients.  
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1     **Harms to Our Patients**

2           19.   Many of our patients and their families are aware of the public  
3   charge rule and although it often does not apply to them given their  
4   documentation status, it has already affected their receipt of public benefits for  
5   their eligible children. While many families in our care are food insecure, there  
6   has been a precipitous decline in applications for SNAP. Families have weighed  
7   the known harm of hunger and the potential harm of deportation, and have chosen  
8   to forego SNAP. This trend has been well-documented in the lay press. As  
9   reported in the Baltimore Sun, receipt of SNAP is used to calculate the poverty  
10  rate for local schools. Schools with very high rates of students in poverty receive  
11  supplemental federal Title I funding. Several Baltimore City schools with high  
12  numbers of Latino children in immigrant families lost critical Title I funding due  
13  to a drop in receipt of SNAP by parents due to fear of the public charge  
14  evaluation.

15          20.   Clinicians fear a similar drop in applications for Medicaid for  
16  eligible children and adults. We have already observed cases of adults foregoing  
17  care, again balancing the harm of untreated medical conditions against the harm  
18  of deportation. The harm of foregone care is not limited to individuals, but  
19  extends to families and communities—an example from my practice is  
20  illustrative. Mr. X has diabetes, is in the naturalization process, and has three  
21  children including an infant daughter. Mr. X has steady employment at a low-

1 wage job and Mrs. X cares for their children. The family previously received  
2 SNAP for their two eligible children. The family chose to stop receiving SNAP  
3 out of fear it would prejudice Mr. X's immigration case. They are considering  
4 suspending Mr. X's Medicaid for the same reason. They must balance the harm  
5 of the deportation of Mr. X with the harm of having his diabetes go untreated. It  
6 would be very hard for the family to survive without Mr. X's salary. His salary  
7 is contingent upon both his employment in the US and that he is healthy enough  
8 to work.

9 21. Because of the fear in our community, care for all of our patients  
10 will be affected.

11 22. Forgoing necessary medical care is dangerous for children. The  
12 consequences can range from trouble learning in school to serious, life-  
13 threatening challenges. The stakes are even higher for children with cancer,  
14 developmental abnormalities, and other chronic illnesses. There is no question  
15 that it is conceivable that the consequences can include serious illness, injury,  
16 and death.

17 23. Further, the Final Rule expressly counts benefits received as a child  
18 for a determination of whether an applicant will be a public charge in the future.  
19 Given that medical care, nutrition, and housing for children foster educational  
20 promise and economic performance, this policy runs counter to the purported  
21 objective of reducing future dependence. Moreover, this provision will have the  
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1 effect of harming the health and wellbeing of the children whose families choose  
2 not to apply for essential benefits.

3 I declare under penalty of perjury under the laws of the State of  
4 Washington and the United States that the foregoing is true and correct.

5 DATED this 29th day of August, 2019, at Baltimore, Maryland.

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SARAH POLK, M.D., Sc.M.  
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**DECLARATION OF SERVICE**

I hereby declare that on this day I caused the foregoing document to be electronically filed with the Clerk of the Court using the Court's CM/ECF System which will serve a copy of this document upon all counsel of record.

DATED this 6th day of September, 2019, at Tumwater, Washington.

/s/ Sara M. Cearley  
SARA M. CEARLEY  
Paralegal